



Issue 1, September 2021

New Birds At SFX

By Abigail Veerhuis

In the past week at St Francis Xavier, Montmorency have installed a new fence. On the top yard playground the old rotting disgusting fence was dangerous to all of the students because it could have fallen and the children could have injured themselves. They needed to replace it to keep everyone safe. The cost of the fence was expensive but now SFX has a mural that no one else in the world has. The new fence has twelve panels which starts at the office and finishes at the entrance to the junior building. Each panel has cut out design of labeled Australian birds

such as the black duck, the musk duck, noisy miner and galah. There is also an Acknowledgement of Country to the Wurundjeri-Willam people.

The new fence represents the Yarra River and how it flows from Montmorency through to Port Phillip Bay. The mural shows all the bird life surrounding our school, through the swamplands, through Heidelberg and the city and flows out near St Kilda. "When we brought the artist into the school, the first thing he noticed was that there were birds everywhere. Birds of all different colours and shapes and types and he

couldn't believe the birdlife that was at the school," said SFX Principal Mr Cachia when asked about why the design was chosen.

Now when visitors come into the school, the new fence will catch their attention and it looks much nicer than the old rotten wooden panels. "I really like it because you can learn all of the different bird names and there are pictures of different birds," says Jonathan (Grade 2 student). "I like the fence, I think it looks amazing!!", says Mia (Grade 3 student).

There is something on the fence that isn't a bird. When we return to school, can you find what it is?



Pets on Zoom

By Amali Burkhart

Last Friday at 1.30 there was a pet sharing Zoom. There were prep to grade three's there it was a fun and exciting meet! It was to make sure everyone wasn't bored and to also to keep everyone connected.

Everyone got sent a link informing them the Google Meet would start at 2:30 from Mr. Cachia. Tons of people showed their adorable dogs faces! There were dog, cats, fish, and lots of other animals, and I mean lots of crazy animals! Some of the highlights were

when Charlotte in prep shared her tiny cute French Bulldog named Bobby, it's such a cute name! And she only had him for one month. Evie O, in year 1 had a toy puppy and it looked like it was breathing when you squeezed its tummy. It was fascinating to see that! Patrick in Year 1 showed Father Michael's dog named Lenny, Lenny was super adorable! Mr Cachia told us Father Michael doesn't like being on a zoom, but his dog Lenny does! Lily had a cat that eats too fast and vomits around the house. Ace in prep showed us his very big

dog! It was like a big elephant. I shared my cat, named Vesper.

She is a Burmese cat.

Some of the teachers showed us their pets, like Mr Toomey had a dog that looks like a puppy, but he is actually 14 years old! Isn't that just confusing!? Miss Pretto has a dog that is a Moodle Maltese poodle named Oscar.

Miss Germano has a cat named Boof, he was for sure cute! He is a big ginger cat, but we didn't see him.

It was a good zoom for everyone to share their pets and have fun in lock down.

Managing Lockdown Blues...

By Georgia Williams

Even though this is our 6th lockdown, and we are all supposed to be used to it by now, being stuck at home doesn't seem to get easier as time goes on. In fact, sometimes it's harder. There are still many things we need to do to help us manage the stress of lockdown.

Filling your spare time:

Since we are stuck at home, and are missing out on things like junior sports and after school activities, we all have extra time on our hands. It can really be easy to stay stuck on a screen, but we have to remember to do other things too.

- You can go for a walk or bike ride with your family
- Play outside in the backyard



Photo: Ella Sommerville

- Dust off the trampoline and get jumping
- Draw your favourite plant or animal
- Go on a creepy-crawly hunt in your backyard
- Bake a special treat for dessert

Have a good routine:

Sometimes it can be tempting to stay in your pj's all day, but you should save those sleep-ins for the weekend. On a school day, you should try to create a good routine by:

- Setting an alarm each morning and having breakfast

Cont. page 3

before your first meet

- Brushing your teeth and doing your hair so you are looking good for 'camera's on'
- Writing out your tasks for the day or printing your timetable so you stay on track
- Take regular screen-free breaks - but not for too long!
- Eat a healthy lunch and snacks throughout the day.

How to stay in touch with friends and family:

Since we can't go out much during this lockdown, we need to find new ways to stay in touch with others like:

- Meeting up for a socially distanced walk or play at the park
- Doing zoom calls with your extended family or friends
- Making a Kahoot to play at a game night
- Set up a Netflix party to watch a movie with your besties

-If you are an online gamer, find a time to be online together

-Write a letter to someone you miss and walk to post it using snail mail

Even though it may seem hard, it won't be forever. If you are finding it tough, remember to ask for help from your family, friends or teachers.

Australian Paralympics 2021

By Elizabeth Addis

The Paralympics started on the 24th of August and ended on the 5th of September.

The Paralympics consist of a range of sports and with the Australian paralympians we came 8th with 21 gold medals, 29 silver and 30 bronze medals.

The country placing first is China with 96 golden, 60 silver and 51 bronze.

There were 3879 people who contested in the Paralympics and 123 countries participated.

The backstory of the Paralympics

The founder of the Paralympics is Sir Ludwig Guttman and the Paralympics started because he was a neurosurgeon and started a competition for soldiers who

had spinal injuries in 1948.

The most famous Paralympic athletes

One of the most famous Paralympians is Trischa Zorn, Trischa is a Para swimmer with a total of 55 medals including 41 gold medals. Lee Pearson is an equestrian rider and is an 11 time gold medalist.



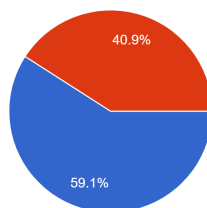
The Paralympics is a wonderful organization for disabled people to reach their dream.

Would You Rather Fly or Be Invisible?

By Alexia Loutfallah

During remote learning, a survey was conducted with 3GT to find out whether the students would rather fly or be invisible. of them replied with their choice.

Would you rather fly or be invisible?
22 responses



A google form was created and sent out to the students and mostIn remote learning everyone misses their friends, so a survey was an exciting way to communicate.

3GT responded by saying most people (61.9%) wanted to be able to fly rather than being invisible. "I wished to fly because people could not seeme and also I can get out of the lockdown" Keira said. Some students found the question quite difficult because both powers have advantages. "I'd like to be able to do both,' said James from 3GT.

HOW TO HAVE FUN IN LOCKDOWN!

BY DARLIE GUNN

Has anyone felt bored in lockdown!? I sure have! This article might give you some ideas on how to not be bored in lockdown and have some fun!

1. **Get out of your house by going for a walk, with your pet or with your family members.** This not only gives you exercise for the day and also consumes some time so when you get home it will be dinner! Some of the fun things I like to do on my walks are take chalk with me and draw rainbows on the footpath. I like to hunt for teddy bears that people have put in their windows. If you are really lucky your mum or dad might buy you an icy-pole from the shops on your walk.
2. **Play some games like Uno, Monopoly and Guess Who.** On days that you finish your school work early you can play games with your siblings or your parents.
3. **If you are really really bored you can go to the park.** Now that parks are open you can go!! It's good to try a different park everytime.
4. **If you need a friend, you can call one of your friends to play a game or just say hello!** You can call a friend by your mum's phone, your iPad or your dad's phone.
5. **Sometimes it's ok to have some quiet down time and just watch TV or your favourite movie.** Some good movies I like are.....Harry Potter, Cruella, Raya and the Last Dragon, and Zombies 1 and 2.
6. **LAST BUT NOT LEAST DANCE IT OUT! PUT YOUR FAVOURITE COSTUME AND YOUR FAVOURITE SONG ON AND HAVE A DANCE!!!!!!!!!!!!**



By Ava Norman

Global Warming

By William Hanvin

Global warming is the Earth's crust gradually increasing in **temperature** due to the greenhouse effect. The greenhouse effect is caused by gases being emitted into the atmosphere like **carbon dioxide**. It has been observed by humans since the early 1800s.



Global warming is causing changes to our planet including ice glacier melting. The estimated amount of ice being melted has increased in the last 30 years by 70% (about 1 million tonnes a minute) which is pretty shocking and countries like Greenland are at great risk. Although in Greenland fishermen are actually quite happy about this because it means more fish like cod now swim up there. More than several million animal and plant **species** have become **extinct**. This is due to the fact their habitats are getting too warm and their habitats being shrunk by us humans. New findings show that the way animals are adapting to climate change is by growing bigger heads and smaller bodies. **Natural disasters** like bushfires and cyclones are going to become more common in the future. This is due to faster wind speeds, hotter temperatures and higher seas. Wildfires in places like California are already proving this fact. Recently Hurricane Ida has caused flash flooding all over New York costing **\$50 billion dollars** which experts believe was caused by climate change.

However there are different theories on how **global warming** will be reversed. Many Scientists believe that it's just a part of earth's **multi-million year cycle** and that it's normal. The United States of America claims that over the past decade \$350 billion dollars have been spent on **climate change** research. It's predicted that in the next decade alone, 10 to 50 trillion dollars (or 2 to 10 trillion yummy ice-cream tubs) of money will be spent on climate change.

In Australia droughts are going to become much more frequent. People will most likely move to coastal areas. The southern states might get a massive population increase. Community awareness of climate change is making large **companies** change their processes to look after the planet. For example, Bluescope Steel has recently committed to zero net **carbon emissions** by 2050. And new companies are rocketing up in success like Tesla for making climate change healthy products (electric cars).

Earth has a way to naturally combat carbon dioxide, with rain. When gases rise rain is what gives that gases weight so then they fall back down and generally end up at the bottom of the ocean and the gas will disintegrate.

Earth will not be able to fix global warming by itself. As more and more people live on earth humans will need to evolve their ways to our beloved planet!



Editorial

The Big Eating Change

By Leah Williams

At S.F.X., one thing that always appears in our playgrounds and gardens is rubbish. It gets there from a couple different places. The top 2 are birds, that eat the rubbish and knock over the bins, and children, who don't put the rubbish in the bin and leave it on the ground instead. But it needs to stop.

When Mr Cachia tours people around the school he always hears people talking about the rubbish problem at our school, which probably makes him

really disappointed because it is us who leave our rubbish out, and when we don't it is the birds who do it, not us.

It also isn't good for the environment **at all**. Because as most people know, when we leave our rubbish out like this, it gets blown by the wind into places like the ocean, and little fish mistake the plastic for food – they then eat the rubbish and die. Then a bigger fish comes around and eats the little fish then he dies as well because the plastic is so toxic. That is why plastic is so bad when it gets out into the open. Then a whole bunch of other marine animals will eat each other in the food chain and it is really bad.

Because this problem is so serious, Mr Cachia would take time out of our recess to pick up rubbish. And I know this isn't all entirely our fault, but we litter more than the birds do. So we have a lot to do with the litter around our school.

Because I know Mr Cachia wouldn't like to take time out of our eating time, the genius plan of eating inside came. Don't know what that is? Let me explain.

We will now be eating inside instead of outside for recess and lunch. If you don't finish eating your lunch before the bell goes, you will stay inside eating until you finish.

So if you want to eat your lunch before the bell goes to go outside and play, then stop talking to your friends and get munching! Because if you don't you will be kept inside eating until you're done.

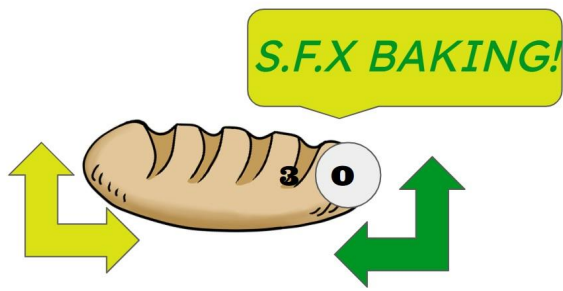
I know some of you readers out there are probably already preparing a plan to sneak food into the yard to be able to enjoy your full lunchtime, but stop right there!

If you eat outside you will still get time taken out of your recess and lunch because Mr Cachia will take time out of our play to clean the yard anyway. So all you are doing is making everyone have to pick up rubbish instead of playing in the yard. Including you!

Thank you to all the students that ate inside before this sad terrible lockdown started, and now, when we get back to school I predict everyone will be following the new rules set for eating and hopefully this works and our yard will be cleaner!



Photo: Ella Sommerville



A Recipe For Healthy Blueberry Muffins

By Abigail Veerhuis

This is a recipe that I like to cook. It is a *great* lunch box snack and good for even breakfast. These blueberry muffins are a tasty healthy snack.

Prep time: 10 minutes

Cook time: 20 minutes

Total time: 30 minutes

This recipe makes 12 servings.

Ingredients

- Cooking spray
- 1½ cup of plain flour
- 1½ cup of self raising flour
- 1 1½ cups of quick or rolled oats
- 1½ cup of granulated sugar
- 1 tablespoon of baking powder
- 1 cup of milk
- 1 egg
- 2 tablespoons of canola oil
- 2 teaspoons of vanilla extract
- 1 cup of blueberries (fresh or frozen)
- 2 tablespoons of coarse sugar (Optional)



Photo: Luke Martinelli

Instructions

1. Preheat the oven to 200 degrees.
2. Spray muffin tin with cooking spray.
3. Combine all dry ingredients in a large bowl.
4. In a separate bowl whisk together the milk, egg, oil and vanilla.
5. Add the wet ingredients to the dry ingredients. Stir just until all ingredients are combined.
6. Gently add in the blueberries.
7. Divide the mixture evenly into the muffin cups.
8. Sprinkle the tops of the muffins in coarse sugar.
9. Bake muffins for 15-20 minutes or until brown.

Enjoy your muffins!

Animal Fact File

By Jonathan Veerhuis

Facts about ceratosaurus

- Ceratosaurus have a bladed horn on their head.
- Ceratosaurus lived in the Jurassic period.
- Ceratosaurus looks like T.Rex but with a horn
- Ceratosaurus was a carnivore
- Ceratosaurus is an aggressive and voracious predator.
- My opinion is that a ceratosaurus could have developed into a rhino.
- Ceratosaurus was discovered in North America.
- Ceratosaurus was discovered in 1884.
- Ceratosaurus was discovered by Othniel Charles Marsh.
- There are distinctive spines that run down the ceratosaurus back.
- Ceratosaurus was a theropod dinosaur.
- An interesting feature of Ceratosaurus are raised bony growths down its back which are similar to a crocodile.
- Ceratosaurus' most famous feature is its three horns, one on its snout and two above its eyes.



S.F.X Times Review Corner

Minecraft

by Aaron Wheeler

For people that are new to the game Minecraft, it is a game where you build and fight mobs.

You can play with friends, you can play creative or survival.

You can craft things and more.

There is a new update about new characters like an axolotl and a goat.

Goats ram you so watch out!!!

I think ocelots are very adorable.



There are crystals and bushes and you can craft simple firework rockets using the recipe book.

The latest update is very good and out of 5 stars I give it 4 stars!!!!!!

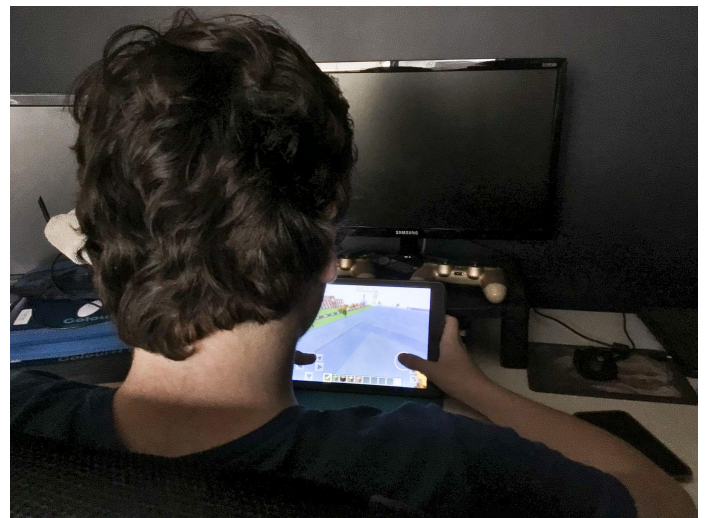


Photo: Ella Sommerville

Puzzles

17/9/21

Sudoku

Senior

			7		4	3	2	
	7			1	8			
	4				2			
	2				5	9	6	
8	1				7			4
		5	8			7		2
7	6	4				6		3
2	8	9		7	3	2		7
			4		9	4	9	

Junior

	5		3			1		2
3		4		8	2		7	9
	7	2	1			8		6
4		7	8			3		5
	6	3		7	4		2	
8	2		9				6	
	4	9		1		6		3
5	3		4		9	2		7
2	8		7	5		4	9	

Word Finds

Juniors

x	h	o	r	s	e	m	h	i	p	p	o
n	z	w	s	t	s	e	w	q	u	t	f
u	e	k	a	n	g	a	r	o	o	r	a
s	b	b	i	o	f	i	s	h	z	e	k
e	r	e	t	s	m	h	r	o	p	h	o
l	a	m	n	i	o	o	p	a	n	d	a
e	d	t	p	i	g	q	n	u	f	u	l
p	s	g	e	s	e	e	d	k	p	f	a
h	h	e	y	c	f	e	r	y	e	g	e
a	e	c	a	m	e	l	i	l	k	y	o
n	e	k	z	b	e	a	r	a	n	r	e
t	p	o	e	p	l	a	t	y	p	u	s

WORDS

BEAR GECKO KANGAROO PLATYPUS

CAMEL GIRAFFE KOALA PIG ZEBRA
ELEPHANT HIPPO MONKEY SHEEP
FISH HORSE PANDA TIGER

Senior

p	l	a	y	s	c	r	i	p	t	p	r
m	t	c	i	c	r	o	t	c	a	r	g
l	u	i	a	e	s	h	y	u	t	o	c
a	s	s	r	s	d	g	d	c	u	d	o
v	q	s	i	o	t	i	a	x	p	u	s
r	u	f	g	c	t	e	s	j	r	c	t
e	v	c	b	i	n	c	m	m	o	t	o
t	p	r	o	d	u	c	e	r	p	i	m
n	s	n	e	n	e	c	s	r	s	o	e
i	l	f	l	i	g	h	t	s	i	n	s
a	e	g	a	t	s	k	c	a	b	d	r
s	d	g	h	t	h	e	a	t	r	e	s

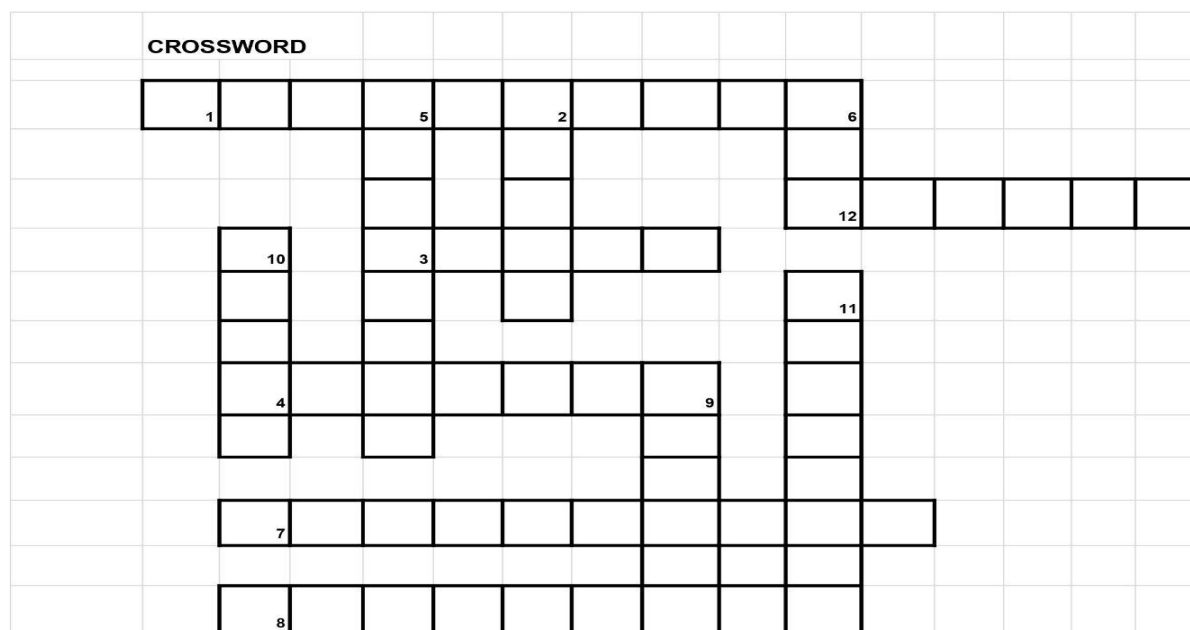
WORDS:

ACT COSTUMES PLAY SCENE
ACTORS DIRECTOR PROPS SCRIPT

AUDITION INTERVAL PRODUCER
BACKSTAGE LIGHTS SET THEATRE
CAST MUSIC PRODUCTION

By Darcy Wong

By Jessica Hanvin



By Owen Low

Crossword

ACROSS

1. Animal created by Walt Disney
3. Something that is toasted
4. 10 pins
7. Harry Potter's Principal
8. Box, Storage
12. Which city does Batman live in?

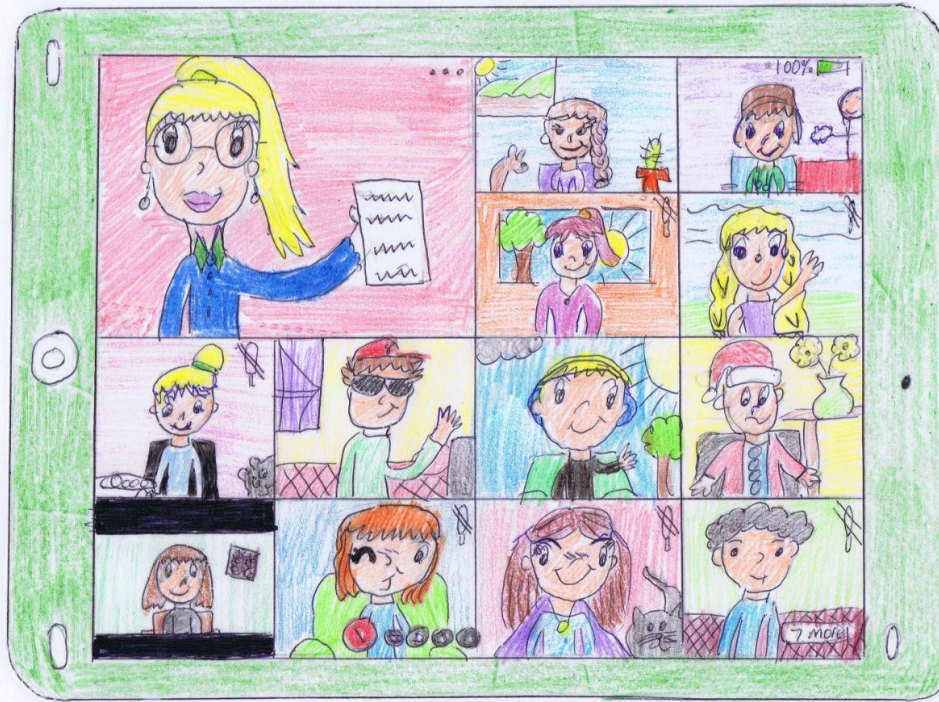
DOWN

2. Something you put in the bank
5. On top of your eyes
6. You scramble it, fry it, and poach it
9. Something that is green and it is a home for plants and trees
10. An elephant that can fly
11. Dora the...

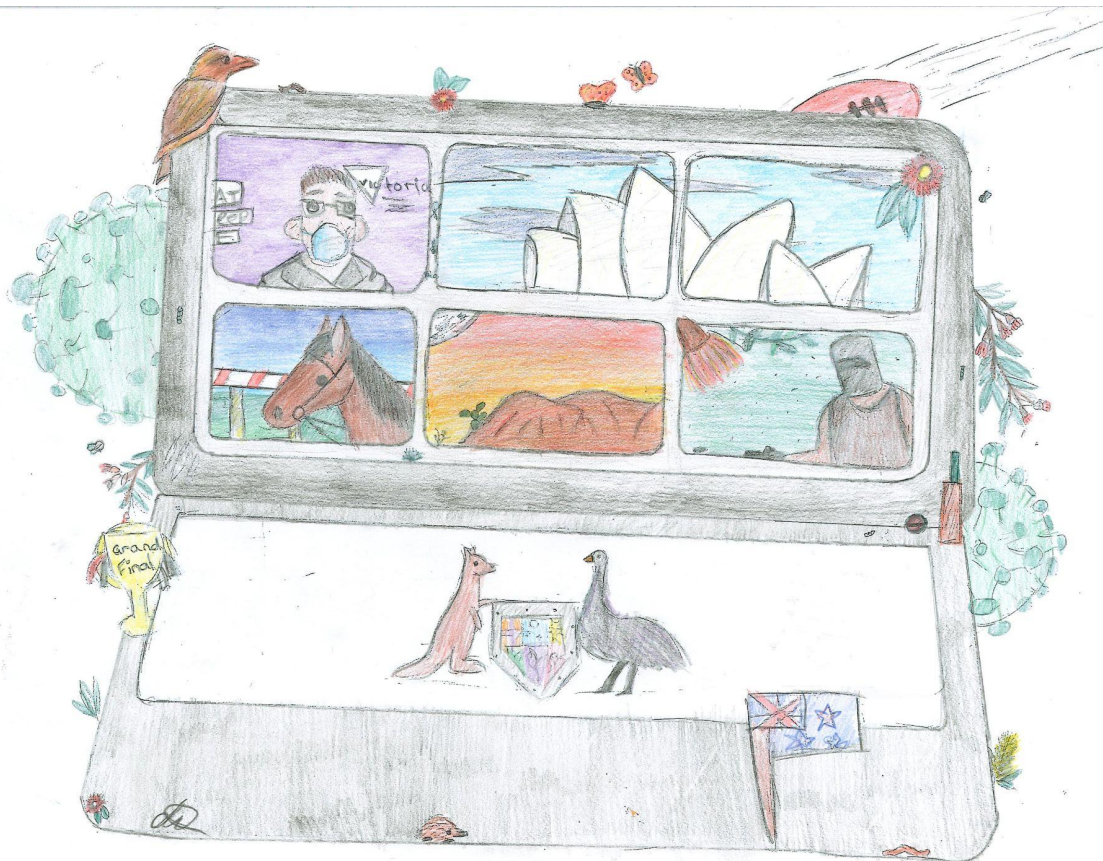
Jokes By Abby Warden

1. What do you call a pile of kittens
A Meow-Tian
2. What time does a duck wake up
At the quack of dawn
3. Why was the dog sweating so much
She was a hot dog
4. Where do cows go for fun
The moo-vies
5. What do you call a dancing lamb
A baaallerina
6. What do you call a horse that lives next door
A neigh-bour

S.F.X. Times Cartoons



By Jemma Hoseason



By Darcy Warden



By Anna Cusack

10 questions: Easy to Hard

1. Name the 4 houses of SFX
2. Name the primary colours
3. Which country is home to the panda?
4. Name this Disney character
5. How many stars are on the Australian Flag?
6. Brain teaser: The more you take, the more you leave behind. What are they?
7. Who am I?

I was born in 1985

I love to travel and lived in Dubai for 3 years

I now teach at the school I attended for primary school

I barrack for the Richmond Tigers and have a puppy called Louie

I have worked at St Francis Xavier for 7 years

I have passion for all subjects in the Arts.



8. Olympics question: Which Australian Olympian won the most medals in Tokyo? How many and which sport?

9. How many planets are in our solar system, not including dwarf planets?

10. "Never see a need without doing something about it" Which saint said this?

*hint: This saint is Australian.

Answers:
 1. Bruno
 2. 6 stars
 3. Footsteps
 4. Ms Waller
 5. Emma McKeon, 11 swimming
 6. 8
 7. Mary McMillan

S.F.X Times

Editor

Leah Williams

Sub-Editor

Lucy Irwin

Copy Editors

Bridie Ellis

Gus Cleary

Aidan Dicello

Addison Lin

Nicholas Evans

Graphics (logos)

Ethan Tucker

Graphic Design

Gus Cleary

Darcy Wong

Jeremiah Standfield